



Join the Chameleons!

A singing for health group for young people aged 11 - 18

Don't let anger or stress build up, channel your energy and boost your mood in this relaxed singing group

Choose the songs you sing and learn to tell your own story through song writing

Find your voice!

No pressure!

All welcome!

Supported by CAMHS worker

Tuesdays

4.30pm – 6pm

14 Jan - 31 March

FREE!

**At More Music
Devonshire Road
Morecambe
LA3 1QT**

No experience necessary

For more information
call **01524 831997**
or email
anna.daly@moremusic.org.uk

More Music



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MUSIC**



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