



Curriculum Subject Overview 2021-2022



PSHE Autumn 1

	1	2	3	4	5	6
Reception	New Beginnings					
Year 1	Who are my friends?	Families and friendship Who cares for you and how?	Families and friendship What is a family? Are all families the same?	Families and friendship If you are worried about something in your family who can you tell?	Families and friendship If you somebody is hurt who can you tell?	Families and friendship What does it mean to keep something private?
Year 2	Family and friendships Why do I feel lonely?	Family and friendships How do I get help when I'm lonely?	Family and friendships How do I resist pressure?	Family and friendships How can I recognize hurtful behaviour?	Family and friendships Can I recognize things in common and differences?	Family and friendships How can I work and play co-operatively? How can I share my opinion?
Year 3	New Beginnings/ Circle Time/Getting to know you activities	Families and Friendships What types of different families are there? What does being part of a family provide?	Families and Friendships What are the good things about being part of a family? How can we care for family in different ways?	Families and Friendships What might make someone in a family feel upset or worried? What should we do if family relationships are making us feel unhappy or unsafe?	Safe Relationships KidSafe programme	



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Year 4	Welcome Back... What about school feels the same and what feels different? How do we feel about being back at school?	Families and Friendships Can you talk about the features of positive healthy friendships such as mutual respect, trust and sharing interests?	Families and Friendships Can you use different strategies to build positive friendships?	Families and Friendships Do you know how to seek support with relationships if they feel lonely or excluded?	Families and Friendships Do you know how to communicate respectfully with friends when using digital devices?	Families and Friendships Do you know what to do or whom to tell if you are worried about any contact online?
Year 5	Welcome back... Classroom environment and golden rules	Families and Relationships What makes a healthy relationship and how they make people feel included?		Families and Relationships Do you know any strategies to help someone feel included?		Families and Relationships Can peer influence affect how people feel or behave?
Year 6	Welcome Back... What about school feels the same and what feels different? How do we feel about being back at school?	Families and Relationships Can you work out the similarities between values and behaviour and how to be a positive role model?	Families and Relationships Can you discuss issues respectfully?	Families and Relationships What are the best ways to listen and respect other points of view?	Families and Relationships How to constructively challenge points of view they disagree with	Families and Relationships Are there different ways to participate effectively in discussions online and manage conflict or disagreements?