

INTENT

At Skerton St Luke's, we aim to provide a Physical Education curriculum that pupils from Reception to Year 6 not only enjoy but also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness.

Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Physical Education (PE) contributes to the overall education of all children by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical skills, physical development and knowledge of the body in action.

PE at St Luke's enables children to learn confidence, communication skills, perseverance, team spirit, positive competitiveness and organisation through intra/inter competitions and also our annual residential.

PE is an integral part of school practices allowing all children in the school to gain a sense of achievement and develop positive attitudes towards themselves and others.

DEVELOPMENTAL INTENT

EYFS

The Intent in the foundation stage is to focus on developing gross and fine motor skills. We follow the Lancashire developmental approach which includes a 5 Fundamental Movement Skills. These skills along with opportunities to develop a wider range of physical skills to ensure they are ready for KS1 PE.

KEY STAGE ONE

Within Year 1, Teachers are to carry out a baseline of 10 Fundamental Movement Skills when they enter. They are then to continue to develop the children's FMS especially their weaker ones and also to teach HOW to apply these skills in a context. At the end of Key Stage One, children will be tested against those 10 FMS to show the impact of their performance and which skills they have mastered. This information will be shared to the Year 3 Teachers.

LOWER KEY STAGE TWO

The intent within Year 3 and 4 in games is to develop children's attacking skills through a range of different sports and activities. However, this will be delivered through uneven sides, I,e 3v1 or 4v2. They will also develop their knowledge of simple attacking tactics, which are transferable across similar categories. Within Gymnastics and Dance, children are to focus on developing their performance and sequencing skills.

UPPER KEY STAGE TWO

Within Year 5 and 6, children are to continue to develop their attacking skills when working as a team and develop their knowledge of defending strategies. These will be delivered through modified mini-versions from uneven to even sides, i.e. 5v3, 5v4 to 4v4, 5v5.

The learning the children receive through the different categories of games leads to intra school competition and for some children moving to inter school competitions. For Dance and Gymnastics, children are to compose longer sequences of movements with a partner or a group.